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|  Yukon University | School of Health, Education and Human Services |
| | NURS 1504 Care of the Older Adult |
| | Term: Winter 2025 Number of Credits: 3 |
| Course Outline | |

COURSE DESCRIPTION

In this course, learners will gain knowledge and skills needed to provide high quality, relational care for the older adult. Learners will focus on meeting the complex physical, emotional, and cognitive needs for this diverse population by examining best practices in the field of elder care. Through a holistic and person-centered approach, this course examines the experience of aging, common challenges in older adulthood, and nursing care interventions aimed at maintaining or restoring optimal health and functioning.

Requisites

Complete all of the following:

- Earn a minimum grade of C in each of the following courses
ANAT1101- Anatomy And Physiology (6)
COMM1101- Interpersonal Relationships And Communication Skills (3)
ENGL1201- English Composition (3)
NURS1101- Nursing Arts (3)
- Earn a minimum grade of B in each of the following courses
NURS1202 - Nursing Foundations1 (3)
- Earn a minimum grade of B+ in each of the following courses
NURS1301- Mathematical Principles of Medication Administration (3)

Equivalents: None

Credits: 3

Hours: 45

Eligible for PLAR: Yes

EQUIVALENCY OR TRANSFERABILITY

Receiving institutions determine course transferability.

LEARNING OUTCOMES

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| 1 | Examine aging and its effects on older individuals' health and functioning. |
| 2 | Use appropriate tools to assess functional health of the older adult. |
| 3 | Apply the nursing process to individuals facing common health challenges of older adulthood and end of life. |
| 4 | Recognize safety risks for older adults and describe strategies to maintain safety for older adults. |
| 5 | Examine leadership theory and opportunities for leadership within gerontological nursing. |

COURSE MODULES AND SCHEDULE

**Course schedule subject to change, depending on delivery mode and term of study. For exact dates, please consult the Course Offering Information and other course documents in Moodle.*

| WEEK/HOURS | MODULE |
|------------|---|
| 3 Hours | Introduction to aging and holistic care |
| 3 Hours | The aging process |
| 3 Hours | Communicating with older persons |
| 3 Hours | Promoting cultural care for older persons |
| 3 Hours | Care settings for older adults |
| 3 Hours | Assessment tools and documentation in gerontological nursing |
| 6 Hours | Promoting safety for older persons |
| 3 Hours | Common chronic conditions affecting the older adult |
| 6 Hours | Cognitive impairment and neurological conditions in the older adult |
| 3 Hours | Mental health and wellness in later life |
| 3 Hours | Safe medication use of older persons |
| 6 Hours | Navigating end of life care |

ASSESSMENT

| Learning Outcomes | Assessment | Weight |
|-------------------|---------------------|--------|
| 1, 2, 3, 4 | Learning Activities | 30% |
| 1, 2, 3, 4 | Exam 1 | 35% |

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|------------|--------|-----|
| 1, 2, 3, 4 | Exam 2 | 35% |
|------------|--------|-----|

Important: For details on each assignment and exam, please see the Course Offering Information.

A minimum grade of D is required to pass this course. However, a program may require a higher grade in this course to progress in the program or to meet specific program completion requirements.

An overall minimum final mark for this course must be 64%, letter grade C, grade point value of 2.0 to pass this course.

Please consult with the program area or contact the program chair for further details. A minimum Grade Point Average of 2.0 is required for graduation.

DELIVERY FORMAT

This course is delivered in-person and online (synchronous and asynchronous). Note that the delivery format is subject to change.

COURSE WITHDRAWAL INFORMATION

Refer to the YukonU website for important dates.

TEXTBOOKS & LEARNING MATERIALS

Boscart, V., McCleary, L., Taucar, L. S., Touhy, T. A., Jett, K. F. (2023). *Evolve Resources for Ebersole and Hess' Gerontological Nursing & Healthy Aging*. (3rd Canadian ed.). Elsevier Canada

VanMeter, K. C., & Hubert, R. J. (2022). *Gould's pathophysiology for the health professions* (7th ed.). Elsevier

Additional learning resources may be found in the Course Offering Information or in Moodle.

ACADEMIC INTEGRITY

Students are expected to contribute toward a positive and supportive environment and are required to conduct themselves in a responsible manner. Academic misconduct includes all forms of academic dishonesty such as cheating, plagiarism, fabrication, fraud, deceit, using the work of others without their permission, aiding other students in committing academic offences, misrepresenting academic assignments prepared by others as one's own, or any other forms of academic dishonesty including falsification of any information on any Yukon University document.

Please refer to Academic Regulations & Procedures for further details about academic standing and student rights and responsibilities.

ACCESSIBILITY AND ACADEMIC ACCOMMODATION

Yukon University is committed to providing a positive, supportive, and barrier-free academic environment for all its students. Students experiencing barriers to full participation due to a visible or hidden disability (including hearing, vision, mobility, learning disability, mental health, chronic or temporary medical condition), should contact [Accessibility Services](#) for resources or to arrange academic accommodations: access@yukonu.ca.

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